

Ergebnisse**8. Siegburg Triathlon**

Sprintdistanz (0,5–20–5)

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Altersklasse	SWIM	BIKE	RUN	Nettozeit
1	1	1	133	Rohde, Maximilian	die MANNschaft e.V.	AK 25 m	00:06:34	00:27:02	00:18:55	00:52:32
2	2	2	183	Rendschmidt, Kai	SSF Bonn Triathlon	AK 25 m	00:06:47	00:29:12	00:20:24	00:56:24
3	3	1	217	Cramer, Michael	DLC Aachen	AK 35 m	00:07:22	00:29:29	00:19:56	00:56:47
4	4	3	352	Hönig, Carsten	Gymnasium Antonianum Geseke	AK 25 m	00:08:02	00:31:03	00:19:03	00:58:09
5	5	2	147	Leins, Sebastian	KTT 01	AK 35 m	00:08:48	00:29:32	00:20:03	00:58:23
6	6	1	180	Müller, Lennart	SSF Bonn Triathlon	Jgd A m	00:06:27	00:30:39	00:21:18	00:58:26
7	7	1	138	Göldner, Rene	LAZ Puma Rhein-Sieg	AK 45 m	00:07:33	00:29:48	00:21:04	00:58:26
8	8	1	149	Oelmaier, Tobias	TV Rodenkirchen Triathlon	AK 50 m	00:07:12	00:29:57	00:21:25	00:58:35
9	9	1	173	Obergfell, Niklas	PSV Bonn Triathlon	AK 30 m	00:07:05	00:29:24	00:22:08	00:58:39
10	10	1	356	Ossendorf, Daniel	TK Grevenbroich	AK 40 m	00:07:49	00:30:19	00:20:43	00:58:51
11	11	2	068	Scarpello, Alessandro	Laktatfestspiele e.V.	AK 30 m	00:08:20	00:30:23	00:20:38	00:59:21
12	12	4	237	Seidl, Jan	TEAM HÜBEL BONN	AK 25 m	00:08:57	00:27:48	00:22:39	00:59:25
13	13	3	359	d□Alquen, Kai	Triathlon Team Düsseldorf	AK 35 m	00:08:10	00:29:50	00:21:50	00:59:51
14	14	1	317	Köhne, Matthias		AK 20 m	00:08:36	00:31:01	00:20:21	00:59:59
15	15	2	220	Jakobs, Thorsten	Team Erdinger Alkoholfrei	AK 45 m	00:07:12	00:31:46	00:21:05	01:00:04
16	16	2	335	Betschinski, Axel		AK 40 m	00:08:34	00:29:49	00:21:57	01:00:21
17	17	4	235	Selinger, Hendrik	1. Tri-Team Gütersloh GTV	AK 35 m	00:08:36	00:30:07	00:22:12	01:00:56
18	18	3	176	Docter, Jonas	TTcoaching	AK 30 m	00:08:33	00:29:49	00:22:46	01:01:09
19	19	5	315	Schubert, Jannik		AK 25 m	00:09:31	00:30:39	00:21:12	01:01:23
20	20	2	167	Hollweg, Andreas	SG TRI POWER Rhein-Sieg	AK 50 m	00:08:50	00:32:34	00:20:07	01:01:31
21	21	5	215	Zopes, David	TriCologne eV.	AK 35 m	00:09:00	00:31:27	00:21:10	01:01:38
22	22	4	219	Euler, Marco	Team Erdinger Alkoholfrei	AK 30 m	00:07:59	00:30:49	00:22:52	01:01:40
23	23	1	069	Willems, Thomas	Pulheimer SC Triathlon	AK 55 m	00:08:15	00:30:05	00:23:34	01:01:55
24	24	3	333	Pauls, Christoph		AK 40 m	00:08:58	00:29:22	00:24:14	01:02:34
25	25	1	166	Hollweg, Alexander	SG Tri Power Rhein-Sieg	Jun m	00:07:37	00:32:41	00:22:22	01:02:40

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Altersklasse	SWIM	BIKE	RUN	Nettozeit
26	26	5	347	Holzhausen, Martin		AK 30 m	00:07:56	00:30:38	00:24:07	01:02:41
27	1	1	134	Hufe, Mareen		AK 40 w	00:08:00	00:31:51	00:22:51	01:02:44
28	27	4	052	Czerny, Markus	LAZ Puma Rhein-Sieg	AK 40 m	00:08:44	00:31:21	00:22:48	01:02:54
29	28	3	188	Sieberger, Gero	SSF Bonn Triathlon	AK 45 m	00:08:54	00:31:39	00:22:22	01:02:56
30	29	4	225	Ruckes, Sascha	ASV Köln Triathlon	AK 45 m	00:08:57	00:31:30	00:22:45	01:03:13
31	30	6	146	Schreiter, Dominik	SpVgg Lüldorf-Ranzel	AK 35 m	00:07:18	00:31:56	00:24:05	01:03:19
32	31	6	053	Hemkes, Lucas	SV Hellas Siegburg/ LAZ Puma Rhein-Sieg	AK 25 m	00:11:28	00:32:43	00:19:16	01:03:27
33	32	1	186	Fuchs, Thomas	SSF Bonn Triathlon	AK 60 m	00:07:42	00:31:27	00:24:22	01:03:32
34	33	7	137	Zinner, Christoph	LAZ Puma Rhein-Sieg	AK 35 m	00:07:11	00:32:35	00:23:46	01:03:33
35	34	8	233	Matschurek, Andreas	VfL Engelskirchen Triathlon	AK 35 m	00:09:14	00:33:14	00:21:15	01:03:44
36	35	7	132	Hemker, Christian	SV Hellas Siegburg	AK 25 m	00:06:05	00:31:33	00:26:08	01:03:47
37	36	8	331	Baum, Gregor	Triathlon-Werkstatt Bonn	AK 25 m	00:08:29	00:31:09	00:24:23	01:04:02
38	37	5	162	Vogt, Andreas	SG Tri Power Rhein-Sieg	AK 40 m	00:08:21	00:33:24	00:22:21	01:04:07
39	38	3	325	Reichel, Frank	Kern-Haus-Team RSG Montabaur	AK 50 m	00:09:42	00:32:39	00:21:47	01:04:10
40	39	6	340	Penz, Marco		AK 30 m	00:08:08	00:31:56	00:24:12	01:04:17
41	40	9	226	Varga, Felix	ASV Köln Triathlon	AK 25 m	00:10:02	00:31:33	00:22:42	01:04:18
42	41	7	172	Jungstädt, Felix	SG Tri Power Rhein-Sieg	AK 30 m	00:09:18	00:33:33	00:21:31	01:04:23
43	42	9	350	Quaiser, Moritz	BalticTrizone	AK 35 m	00:08:43	00:31:27	00:24:19	01:04:31
44	2	1	175	Schörkmaier, Theresa	PSV Bonn Triathlon	AK 25 w	00:08:16	00:31:42	00:24:34	01:04:33
45	43	6	049	Hoff, Sebastian		AK 40 m	00:10:20	00:29:44	00:24:37	01:04:42
46	44	2	348	Zähringer, Robin		AK 20 m	00:08:36	00:32:10	00:24:05	01:04:51
47	45	7	278	Pieper, Tobias		AK 40 m	00:08:51	00:31:46	00:24:34	01:05:12
48	46	2	181	Hehn, Thomas	SSF Bonn Triathlon	AK 60 m	00:08:15	00:31:17	00:25:40	01:05:13
49	47	8	221	Müller, Jonas	LC Lauf und Sauf	AK 30 m	00:09:03	00:34:27	00:21:45	01:05:16
50	48	10	205	Nagel, Tobias	SSF Bonn Triathlon	AK 35 m	00:09:18	00:32:36	00:23:47	01:05:42
51	49	10	248	Cheesman, Jeremy		AK 25 m	00:10:14	00:32:10	00:23:19	01:05:44
52	50	11	152	Wagner, Tobias	TSV Bayer 04 Leverkusen	AK 25 m	00:06:55	00:32:41	00:26:17	01:05:53
53	51	4	171	Großmann, Jörn	SG Tri Power Rhein-Sieg	AK 50 m	00:09:46	00:32:10	00:24:00	01:05:57

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Altersklasse	SWIM	BIKE	RUN	Nettozeit
54	3	1	338	Steinhauer, Laura Mila		AK 20 w	00:07:15	00:35:11	00:23:31	01:05:58
55	52	8	076	Bäcker, Andreas	Kern-Haus-Team RSG Montabaur	AK 40 m	00:11:46	00:30:32	00:23:46	01:06:05
56	53	5	204	Rehn, Andreas	SSF Bonn Triathlon	AK 50 m	00:09:49	00:31:15	00:25:07	01:06:12
57	54	5	209	Brömmel, Jens	SSF Bonn Triathlon	AK 45 m	00:09:28	00:32:53	00:24:01	01:06:23
58	55	12	345	Klein, Andreas		AK 25 m	00:07:59	00:33:27	00:24:59	01:06:25
59	56	13	309	Ohl, Robin		AK 25 m	00:09:02	00:34:01	00:23:22	01:06:26
60	57	6	040	Langer, Nils	SV Hellas Siegburg	AK 45 m	00:08:45	00:33:13	00:24:31	01:06:30
61	58	14	141	Pinner, Ole	SV Hellas Siegburg	AK 25 m	00:07:55	00:35:53	00:22:47	01:06:35
62	59	6	164	Diehl, Andreas	SG Tri Power Rhein-Sieg	AK 50 m	00:09:20	00:30:44	00:26:32	01:06:36
63	60	7	091	Gödecke, Claas	TRIDATORs	AK 45 m	00:10:02	00:31:01	00:25:32	01:06:37
64	4	2	156	Krüger, Rebecca	TSV Bayer 04 Leverkusen	AK 20 w	00:07:20	00:34:17	00:25:06	01:06:43
65	61	7	256	Bowi, Marcus		AK 50 m	00:11:27	00:31:57	00:23:25	01:06:50
66	62	8	292	Vedder, Marcus		AK 50 m	00:10:19	00:32:34	00:24:12	01:07:06
67	63	15	260	Spelten, Philipp		AK 25 m	00:09:07	00:31:58	00:26:01	01:07:07
68	64	9	318	Lechtenberg, Jan		AK 30 m	00:10:01	00:34:05	00:23:21	01:07:28
69	65	9	046	Buhmes, Holger	SV Hellas Siegburg	AK 50 m	00:10:25	00:33:30	00:23:33	01:07:29
70	66	2	139	Horn, Pascal	SV Hellas Siegburg	Jgd A m	00:08:53	00:34:46	00:23:50	01:07:30
71	5	1	212	Schulze Palstring, Stefanie	ASV Köln Triathlon	AK 30 w	00:08:49	00:33:54	00:25:04	01:07:48
72	67	10	262	Schmidt, Björn		AK 30 m	00:11:11	00:32:47	00:23:58	01:07:57
73	68	11	308	Schuster, Sven		AK 30 m	00:08:47	00:33:04	00:26:05	01:07:57
74	69	9	280	Freudenhammer, Markus		AK 40 m	00:10:22	00:33:05	00:24:32	01:08:00
75	6	2	252	Seidl, Anna		AK 25 w	00:10:20	00:33:54	00:23:45	01:08:00
76	70	2	357	Martin, Uwe	TreeTops Neuenhain	AK 55 m	00:09:45	00:34:18	00:24:06	01:08:10
77	71	10	327	Zimmer, Martin	SF Britisches Königreich	AK 50 m	00:09:39	00:33:18	00:25:16	01:08:13
78	72	3	193	Piontek, Raphael	SSF Bonn Triathlon	Jgd A m	00:07:49	00:36:47	00:23:39	01:08:16
79	73	16	222	Quabach, Ben	LC Lauf und Sauf 2019	AK 25 m	00:08:53	00:34:52	00:24:32	01:08:18
80	74	3	185	Klinkert, Roman	SSF Bonn Triathlon	AK 55 m	00:09:38	00:32:35	00:26:15	01:08:28
81	7	2	189	Eick, Constanze	SSF Bonn Triathlon	AK 30 w	00:08:07	00:34:23	00:26:09	01:08:39

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Altersklasse	SWIM	BIKE	RUN	Nettozeit
82	75	8	211	Faßbender, Christian	ASV Köln Triathlon	AK 45 m	00:09:03	00:33:04	00:26:36	01:08:43
83	8	1	165	Diehl, Britta	SG Tri Power Rhein-Sieg	AK 55 w	00:07:55	00:33:12	00:27:36	01:08:44
84	76	12	299	Neubauer, Marc		AK 30 m	00:09:02	00:32:21	00:27:31	01:08:54
85	9	1	195	Rietschel, Tina	SSF Bonn Triathlon	AK 35 w	00:09:21	00:34:38	00:24:58	01:08:58
86	77	4	155	Sandau, Andreas	TSV Bayer 04 Leverkusen	AK 55 m	00:09:51	00:31:50	00:27:28	01:09:10
87	78	5	360	Fuisz, Erwin	Tri-Team Freiburg	AK 55 m	00:08:29	00:33:49	00:26:52	01:09:10
88	79	13	232	Esser, Tobias	Vorwärts Köln	AK 30 m	00:08:33	00:35:10	00:25:32	01:09:17
89	10	3	140	Dobbek, Annchristin	SV Hellas Siegburg	AK 25 w	00:07:23	00:34:51	00:27:07	01:09:21
90	80	2	071	Lenzen, Philipp	Laufaden Bonn	Jun m	00:09:20	00:34:06	00:25:55	01:09:22
91	11	3	182	Krägenbring, Katja	SSF Bonn Triathlon	AK 30 w	00:09:21	00:33:54	00:26:08	01:09:24
92	81	9	328	Betz, Martin	SuF Betzdorf	AK 45 m	00:09:41	00:33:24	00:26:22	01:09:29
93	82	11	194	Terheiden, Thilo	Triathlon-Werkstatt Bonn	AK 35 m	00:08:46	00:34:27	00:26:16	01:09:30
94	83	4	178	Alles, Eric	SSF Bonn Triathlon	Jgd A m	00:07:36	00:35:54	00:26:01	01:09:32
95	84	17	148	Lindemann, Jonas	KTT 01	AK 25 m	00:07:03	00:31:17	00:31:12	01:09:34
96	85	14	305	Schulte zur Wissen, Adrian		AK 30 m	00:09:32	00:33:21	00:26:46	01:09:39
97	86	3	324	Neill, Philip	Hildener AT	AK 20 m	00:10:02	00:32:38	00:27:01	01:09:42
98	87	10	081	Anders, Lars	PSV Brühl Triathlon Team	AK 45 m	00:10:41	00:35:07	00:24:20	01:10:09
98	87	10	291	Albrecht, Sebastian		AK 40 m	00:09:17	00:35:41	00:25:10	01:10:09
100	89	12	279	Kapahnke, Daniel	TSV Hochdahl Triathlon	AK 35 m	00:10:51	00:34:36	00:24:41	01:10:10
101	12	4	304	Weber, Marie		AK 25 w	00:09:04	00:34:57	00:26:08	01:10:10
102	90	3	143	Tesch, Norbert	SV Hellas Siegburg	AK 60 m	00:10:44	00:35:38	00:23:48	01:10:11
103	91	13	310	Fink, Daniel		AK 35 m	00:08:57	00:34:27	00:26:48	01:10:13
104	92	14	108	Wnendt, Daniel		AK 35 m	00:10:01	00:34:46	00:25:25	01:10:14
105	13	2	320	Hölzel, Kerstin	Athlético Bacardi	AK 40 w	00:10:01	00:35:15	00:24:58	01:10:15
106	93	11	234	Wank, Michael	SV Hellas Siegburg	AK 50 m	00:10:10	00:33:11	00:27:03	01:10:26
107	94	11	223	Foell, Lars	Mach 3 Köln	AK 40 m	00:09:11	00:35:37	00:25:46	01:10:34
108	95	12	214	Fischer, Sören	ASV Köln Triathlon	AK 40 m	00:09:56	00:34:31	00:26:06	01:10:34
109	96	4	159	Dr. Fischer, Bernd	SG Tri Power Rhein-Sieg	AK 60 m	00:07:54	00:35:13	00:27:38	01:10:46

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Altersklasse	SWIM	BIKE	RUN	Nettozeit
110	97	15	158	Böttcher-Radtke, Sascha	TSV Bayer 04 Leverkusen	AK 35 m	00:11:45	00:32:25	00:26:38	01:10:50
111	98	16	187	Lütkefent, Jan	SSF Bonn Triathlon	AK 35 m	00:08:58	00:33:19	00:28:33	01:10:51
112	99	11	337	Van Beeck, Thorsten		AK 45 m	00:09:01	00:34:10	00:27:40	01:10:52
113	100	17	249	Röskens, Christoph		AK 35 m	00:11:12	00:37:04	00:22:40	01:10:57
114	101	15	346	Dörlich, Daryl		AK 30 m	00:09:13	00:34:52	00:26:56	01:11:02
115	14	4	269	Rempel, Lena		AK 30 w	00:09:12	00:35:49	00:26:01	01:11:03
116	102	16	354	Daniels, Ingo	Daniels Immobilien Vermittlung	AK 30 m	00:08:46	00:33:34	00:28:42	01:11:03
117	103	6	319	Bohmann, Roy	Armada Würselen	AK 55 m	00:08:49	00:37:12	00:25:05	01:11:06
118	104	12	312	Klüver, Christian		AK 45 m	00:10:24	00:33:32	00:27:16	01:11:13
119	105	13	343	Hirschnitz, Florian		AK 45 m	00:08:20	00:36:32	00:26:27	01:11:20
120	15	2	190	Ringshauser, Daniela	SSF Bonn Triathlon	AK 35 w	00:09:03	00:35:37	00:26:40	01:11:20
121	106	13	230	Peschel, Sascha	Tri-PSYX	AK 40 m	00:10:19	00:32:51	00:28:20	01:11:30
122	107	17	286	Kühnel, Robert		AK 30 m	00:10:38	00:34:25	00:26:29	01:11:33
123	108	14	039	Wierig, Thomas	SV Hellas Siegburg	AK 45 m	00:09:14	00:33:33	00:28:46	01:11:35
124	16	3	184	Beyer, Heike	SSF Bonn Triathlon	AK 35 w	00:10:26	00:34:11	00:27:07	01:11:45
125	109	12	228	Dr. Fuessl, Frank	DLC Aachen	AK 50 m	00:09:32	00:36:42	00:25:32	01:11:47
126	17	1	161	Vedder, Ida	SG Tri Power Rhein-Sieg	Jun w	00:07:47	00:36:13	00:27:45	01:11:47
127	110	18	271	Schmitz, Matthias	Die Zwei lustigen Drei	AK 25 m	00:11:10	00:34:19	00:26:18	01:11:48
128	111	7	332	Colling, Jörn	MACH 3	AK 55 m	00:09:48	00:34:27	00:27:45	01:12:00
129	112	19	096	Herrington, Malte	WGeht's	AK 25 m	00:10:33	00:34:31	00:26:57	01:12:01
130	113	18	106	Lückert, Jens		AK 35 m	00:13:10	00:33:34	00:25:20	01:12:05
131	114	8	245	Schneider, Udo		AK 55 m	00:11:16	00:34:47	00:26:06	01:12:09
132	115	20	168	Hültenschmidt, Justin	SG Tri Power Rhein-Sieg	AK 25 m	00:09:04	00:36:37	00:26:28	01:12:10
133	116	19	323	Hepper, Daniel	epicco.de	AK 35 m	00:09:45	00:35:33	00:26:57	01:12:15
134	117	9	169	Walther, Jörg	SG Tri Power Rhein-Sieg	AK 55 m	00:10:03	00:35:40	00:26:40	01:12:24
135	118	4	277	Koch, Tobias	TCTeam	AK 20 m	00:10:30	00:34:38	00:27:25	01:12:33
136	18	4	151	Blomenkamp, Astrid	TSV Bayer 04 Leverkusen	AK 35 w	00:07:40	00:36:41	00:28:13	01:12:36
137	119	5	160	Bernhagen, René	SG Tri Power Rhein-Sieg	AK 20 m	00:07:41	00:36:46	00:28:10	01:12:37

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Altersklasse	SWIM	BIKE	RUN	Nettozeit
138	120	15	088	Klens, Thomas	Team Erdinger	AK 45 m	00:10:54	00:34:26	00:27:20	01:12:41
139	121	14	131	Mitschke, Martin		AK 40 m	00:12:15	00:34:58	00:25:28	01:12:42
140	122	13	353	Bacher, Joachim	LT DSHS Köln	AK 50 m	00:11:26	00:34:11	00:27:04	01:12:42
141	123	18	041	Dr. Langkammerer, Max	SV Hellas Siegburg	AK 30 m	00:09:03	00:32:28	00:31:17	01:12:49
142	124	19	060	Meyer, Niklas	Birker Raketen	AK 30 m	00:11:45	00:35:26	00:25:42	01:12:54
143	19	1	218	Memminger, Andrea	Team Erdinger Alkoholfrei	AK 45 w	00:08:16	00:39:07	00:25:46	01:13:10
144	20	5	135	Wevelsiep, Lara	SG Tri Power Rhein-Sieg	AK 25 w	00:06:52	00:36:43	00:29:38	01:13:14
145	125	15	349	Pöppl, Torsten	1. Fc Quadrath-Ichendorf	AK 40 m	00:09:04	00:33:03	00:31:11	01:13:19
146	126	20	250	Lütkefent, Nils		AK 35 m	00:10:24	00:36:57	00:26:02	01:13:23
147	21	5	281	Dreisbach, Claudia	Soester Tritteam	AK 35 w	00:09:05	00:34:07	00:30:12	01:13:25
148	127	20	074	Wollnitz, Sebastian	Laktatfestspiele e.V	AK 30 m	00:10:47	00:36:50	00:25:48	01:13:26
149	128	21	321	Lüdenbach, Robert	Cologne Cycling Club e.V	AK 25 m	00:12:47	00:35:33	00:25:05	01:13:26
150	129	16	244	Schmitz, Ingo		AK 40 m	00:10:18	00:34:51	00:28:19	01:13:28
151	130	14	231	Hölzel, Holger	Vorwärts Köln	AK 50 m	00:09:46	00:34:45	00:29:01	01:13:32
152	131	21	210	Zorner, Jonathan	SSF Bonn Triathlon	AK 30 m	00:10:43	00:39:04	00:23:53	01:13:41
153	132	17	153	Liebig, Thomas	TSV Bayer 04 Leverkusen	AK 40 m	00:09:14	00:33:51	00:30:38	01:13:44
154	22	3	042	Becke, Christina	SV Hellas Siegburg	AK 40 w	00:10:16	00:37:03	00:26:45	01:14:05
155	133	16	282	Theobald, Stefan	Sportkameraden der Bundeswehr	AK 45 m	00:11:53	00:34:05	00:28:19	01:14:19
156	134	22	082	Heinrich, Doron	PSV Brühl Triathlon Team	AK 30 m	00:11:00	00:34:20	00:29:09	01:14:30
157	135	21	124	Kalisch, Heiko		AK 35 m	00:11:42	00:37:11	00:25:40	01:14:33
158	23	2	265	Warelich, Malgorzata		AK 45 w	00:14:09	00:34:30	00:25:53	01:14:33
159	136	22	051	Staudt, Felix	Cologne Bombs e.V.	AK 25 m	00:09:25	00:38:05	00:27:06	01:14:37
160	24	6	342	Schulze, Chiara		AK 25 w	00:09:05	00:38:15	00:27:20	01:14:41
161	25	7	295	Keite, Alina		AK 25 w	00:09:13	00:36:37	00:28:52	01:14:43
162	137	10	258	Schüller, Hans-Werner		AK 55 m	00:11:37	00:35:08	00:28:01	01:14:47
163	26	1	216	Hauser, Svenja	SF Puderbach 09	Jgd A w	00:08:59	00:38:34	00:27:20	01:14:54
164	138	5	242	Dr. Molitor, Harald	ASV Köln Triathlon	AK 60 m	00:10:59	00:35:08	00:28:53	01:15:01
165	139	11	294	Schlieber, Frank		AK 55 m	00:11:55	00:35:31	00:27:35	01:15:02

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Altersklasse	SWIM	BIKE	RUN	Nettozeit
166	140	15	113	Toelstede, Marcus		AK 50 m	00:12:45	00:35:37	00:26:40	01:15:03
167	27	6	157	Michel, Anne	TSV Bayer 04 Leverkusen e.V.	AK 35 w	00:09:37	00:36:01	00:29:29	01:15:07
168	141	16	275	Simons, Uwe	Privat	AK 50 m	00:10:00	00:33:28	00:31:41	01:15:11
169	142	17	111	Buhmes, Carsten		AK 45 m	00:11:37	00:36:01	00:27:39	01:15:18
170	143	18	270	Wetzel, Andre	Bunert- Der Siegburger Laufladen	AK 45 m	00:09:26	00:35:39	00:30:17	01:15:23
171	144	23	303	Schneider, Moritz		AK 25 m	00:09:01	00:38:08	00:28:19	01:15:29
172	28	3	045	Gebhardt, Kirsten	SV Hellas Siegburg	AK 45 w	00:10:54	00:37:17	00:27:22	01:15:34
172	145	22	297	Krüger, René		AK 35 m	00:11:29	00:37:12	00:26:52	01:15:34
174	146	19	078	Klein, Dirk	Fussbalance Klein	AK 45 m	00:13:03	00:35:46	00:27:02	01:15:53
175	147	3	115	Vogel, Paul		Jun m	00:11:32	00:38:23	00:26:00	01:15:56
176	148	17	361	Schulz, Reiner	Union Biesfeld Triathlon	AK 50 m	00:09:19	00:36:32	00:30:06	01:15:57
177	149	23	037	Reek, Antonio	SV Hellas Siegburg	AK 30 m	00:08:13	00:38:56	00:28:57	01:16:07
177	149	23	104	Lik, Artur		AK 30 m	00:11:33	00:37:41	00:26:52	01:16:07
179	151	23	274	Arp, Joachim	Nonstop Triathlon	AK 35 m	00:11:50	00:37:07	00:27:13	01:16:11
180	152	24	322	Schlupkothen, Benjamin	Dymance	AK 35 m	00:11:36	00:38:06	00:26:29	01:16:13
181	153	4	054	Longert, Nils	SV Hellas Siegburg/ LAZ Puma Rhein-Sieg	Jun m	00:12:51	00:37:43	00:25:40	01:16:15
182	154	6	330	Kuhn, Jörg	TV Landau	AK 60 m	00:09:38	00:35:42	00:30:59	01:16:20
183	155	1	093	Normann, Horst	TV Attendorn TRI-TIME	AK 70 m	00:13:32	00:38:49	00:24:02	01:16:24
184	29	3	287	Amann, Katharina		AK 20 w	00:09:31	00:38:30	00:28:26	01:16:27
185	156	25	038	Hergert, Dominik	SV Hellas Siegburg	AK 35 m	00:09:25	00:39:07	00:27:57	01:16:30
186	157	7	142	Hänsch, Stefan	Deka Bank Sport e.V.	AK 60 m	00:10:22	00:36:43	00:29:30	01:16:36
187	158	26	196	Schmidt, Martin	SSF Bonn Triathlon	AK 35 m	00:09:47	00:35:17	00:31:42	01:16:47
188	30	2	241	Hauser, Birgit	SF Puderbach 09	AK 55 w	00:12:17	00:36:31	00:28:06	01:16:54
189	159	8	224	Arndt, Hartmut	ASV Köln Triathlon	AK 60 m	00:11:02	00:36:40	00:29:11	01:16:54
190	160	27	314	Hackenbroich, Martin		AK 35 m	00:10:34	00:38:10	00:28:10	01:16:54
191	31	8	123	Möseler, Kristin		AK 25 w	00:11:08	00:37:15	00:28:32	01:16:55
192	161	12	154	Wagner, Roland	TSV Bayer 04 Leverkusen	AK 55 m	00:09:38	00:35:23	00:31:55	01:16:57
193	162	13	102	Jedlitschka, Stefan		AK 55 m	00:17:49	00:21:10	00:38:08	01:17:07

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Altersklasse	SWIM	BIKE	RUN	Nettozeit
194	163	14	227	Solich, Roger	ASV Köln Triathlon	AK 55 m	00:11:24	00:36:45	00:29:10	01:17:19
195	164	20	048	Utscheid, Alex	TuS Winterscheid 1923	AK 45 m	00:09:45	00:38:11	00:29:26	01:17:22
196	165	28	329	Obergfell, Matthias	SV Bergisch Gladbach 1920/71 e.V.	AK 35 m	00:11:06	00:35:23	00:30:59	01:17:28
197	32	4	213	Lenz, Astrid	ASV Köln Triathlon	AK 45 w	00:10:39	00:38:00	00:28:58	01:17:38
198	166	21	129	Waske, Björn		AK 45 m	00:14:28	00:36:45	00:26:33	01:17:46
199	33	5	339	Graff, Monika		AK 30 w	00:08:34	00:36:57	00:32:17	01:17:49
200	167	22	236	Gröne, Lars	Team Erdinger Alkoholfrei	AK 45 m	00:10:38	00:37:33	00:29:37	01:17:50
201	168	18	201	Deick, Andreas	SSF Bonn Triathlon	AK 50 m	00:10:04	00:34:18	00:33:40	01:18:03
202	34	5	072	Elle-Hüren, Nicole	TSV Solingen	AK 45 w	00:10:55	00:37:47	00:29:28	01:18:11
203	169	25	084	Dr. Koch, Tobias	Radtreff Campus Bonn e.V.	AK 30 m	00:19:41	00:33:32	00:25:05	01:18:20
204	170	19	099	Schlechtriemen, Martin		AK 50 m	00:11:58	00:36:33	00:30:01	01:18:32
205	171	23	266	Flohr, Dennis		AK 45 m	00:10:07	00:37:29	00:30:58	01:18:35
206	172	1	208	Burkhardt, Frank	SSF Bonn Triathlon	AK 65 m	00:10:43	00:35:16	00:32:40	01:18:40
207	173	26	290	Steiner, Peter		AK 30 m	00:12:21	00:37:09	00:29:16	01:18:47
208	35	1	144	Braun, Barbara		AK 50 w	00:13:36	00:39:47	00:25:32	01:18:56
209	174	15	036	Mäurer, Klaus		AK 55 m	00:10:26	00:37:38	00:31:03	01:19:08
210	175	20	264	Rempel, Ernst		AK 50 m	00:11:41	00:38:54	00:28:32	01:19:09
211	176	27	127	Rath, Andreas		AK 30 m	00:13:59	00:36:16	00:29:05	01:19:21
212	36	9	095	Blondeau, Marilyn	WGeht's	AK 25 w	00:12:42	00:42:16	00:24:38	01:19:37
213	177	24	355	Stange, Mario	Sylvias Sportler	AK 45 m	00:10:56	00:36:07	00:32:40	01:19:44
214	178	29	272	Wiemer, Maximilian	Feuerwehr Lohmar	AK 35 m	00:11:24	00:39:27	00:28:57	01:19:49
215	37	10	259	Blömer, Hedda		AK 25 w	00:10:53	00:39:15	00:29:53	01:20:02
216	179	30	075	Müller, Matthias	Herr	AK 35 m	00:10:52	00:38:07	00:31:19	01:20:19
217	38	6	150	Elis, Julia	TV Rodenkirchen Triathlon	AK 45 w	00:11:00	00:39:12	00:30:18	01:20:31
218	180	16	067	Willems, Hans Jörg	SSK Kerpen Triathlon	AK 55 m	00:09:40	00:41:35	00:29:22	01:20:38
219	181	21	247	Schmied, Jürgen		AK 50 m	00:12:37	00:35:36	00:32:27	01:20:41
220	182	25	254	Grothaus, Jan		AK 45 m	00:12:03	00:38:28	00:30:16	01:20:48
221	183	24	126	Jensen, Lukas		AK 25 m	00:11:13	00:37:21	00:32:15	01:20:49

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Altersklasse	SWIM	BIKE	RUN	Nettozeit
222	184	18	363	Becke, Till	SV Hellas	AK 40 m	00:10:17	00:38:31	00:32:01	01:20:50
223	185	31	130	Wunsch, Walter		AK 35 m	00:11:13	00:38:12	00:31:32	01:20:59
224	186	25	191	Speth, Mirko	SSF Bonn Triathlon	AK 25 m	00:09:47	00:38:26	00:32:53	01:21:07
225	187	2	079	Van de Bovenkamp, Gerard	NTB	AK 65 m	00:13:32	00:38:30	00:29:15	01:21:18
226	188	17	197	Schilling, Steven	SSF Bonn Triathlon	AK 55 m	00:11:04	00:37:51	00:32:39	01:21:35
227	39	7	136	Großmann, Carmen	SG Tri Power Rhein-Sieg	AK 45 w	00:12:12	00:37:56	00:31:27	01:21:37
228	40	1	199	Nellessen, Martina	SSF Bonn Triathlon	AK 60 w	00:11:08	00:39:46	00:30:48	01:21:44
229	189	19	128	Deusing, Thorsten		AK 40 m	00:14:03	00:36:56	00:31:01	01:22:01
230	41	11	255	Epperlein, Sophie-Christin		AK 25 w	00:10:17	00:41:29	00:30:37	01:22:24
231	42	8	316	Turner Hall, Lesley		AK 45 w	00:10:47	00:42:31	00:29:32	01:22:52
232	190	26	302	Urban, Maximilian		AK 25 m	00:11:33	00:43:21	00:28:03	01:22:57
233	191	26	092	Eicke, Holger	TuS Mondorf	AK 45 m	00:12:31	00:39:01	00:31:31	01:23:04
234	192	32	289	Psota, Robert		AK 35 m	00:11:46	00:42:45	00:28:37	01:23:09
235	193	18	163	Wevelsiep, Dirk	SG Tri Power Rhein-Sieg	AK 55 m	00:08:35	00:37:14	00:37:55	01:23:45
236	194	27	087	Klein, Frank	STV	AK 45 m	00:13:20	00:39:41	00:30:52	01:23:53
237	43	4	268	Horschel, Nicole		AK 40 w	00:11:27	00:40:35	00:32:07	01:24:10
238	195	22	145	Rey Lopez, Carlos		AK 50 m	00:15:04	00:37:44	00:31:24	01:24:13
239	196	28	298	Dr. Schwenke, Matthias		AK 45 m	00:10:52	00:38:58	00:34:22	01:24:13
240	44	4	125	Klotz, Katharina		AK 20 w	00:12:53	00:38:55	00:32:49	01:24:38
241	45	5	043	Zielo, Anke	SV Hellas Siegburg	AK 40 w	00:11:55	00:38:42	00:34:07	01:24:44
242	46	2	170	Loos, Britta	SG Tri Power Rhein-Sieg	AK 50 w	00:10:28	00:39:42	00:34:34	01:24:45
243	47	1	047	Wroz, Dagmar	SV Hellas Siegburg	AK 65 w	00:13:32	00:40:37	00:30:42	01:24:52
244	48	12	109	Joseph, Olivia		AK 25 w	00:12:47	00:41:44	00:30:31	01:25:04
245	49	6	090	Naaf, Johanna	Team Münchhof	AK 40 w	00:11:28	00:41:59	00:31:45	01:25:13
246	50	5	056	Borgards, Ciara	SV Hellas Siegburg/ LAZ Puma Rhein-Sieg	AK 20 w	00:11:35	00:44:37	00:29:16	01:25:30
247	51	13	307	Seel, Sarah		AK 25 w	00:09:42	00:39:11	00:36:40	01:25:34
248	52	6	246	Stillger, Mauro		AK 20 w	00:16:45	00:40:10	00:28:47	01:25:43

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Altersklasse	SWIM	BIKE	RUN	Nettozeit
249	197	29	063	Fritz, Torsten	DaLokal Siegburg	AK 45 m	00:16:47	00:38:49	00:30:26	01:26:03
250	198	19	097	Romahn, Andreas		AK 55 m	00:13:50	00:42:15	00:30:33	01:26:39
251	53	2	179	Alles, Jule	SSF Bonn Triathlon	Jgd A w	00:09:19	00:41:00	00:36:28	01:26:47
252	199	23	326	Scheferling, Björn	RFK NÜRNBERG	AK 50 m	00:15:03	00:37:33	00:34:23	01:27:00
253	54	7	077	Schreiber, Stefanie	Florian Heros	AK 35 w	00:11:19	00:41:43	00:34:31	01:27:34
254	200	27	050	Thesing, Tim	Cologne Bombs e.V.	AK 25 m	00:12:27	00:42:30	00:32:46	01:27:43
255	55	8	240	Leidag, Mirjam	VfL Engelskirchen Triathlon	AK 35 w	00:11:17	00:41:51	00:34:42	01:27:51
256	201	24	288	Bayer, Joerg		AK 50 m	00:10:02	00:41:58	00:35:54	01:27:55
257	202	25	061	Iozia, Corrado	Bonn	AK 50 m	00:12:09	00:41:30	00:34:35	01:28:15
258	203	20	098	Mattheus, Daniel		AK 40 m	00:14:01	00:40:44	00:33:36	01:28:22
259	56	3	198	Hoenig, Ulla	SSF Bonn Triathlon	AK 55 w	00:09:41	00:41:56	00:36:52	01:28:30
260	204	26	243	Dr. Köhler, Thomas		AK 50 m	00:11:22	00:41:07	00:36:09	01:28:38
261	57	2	122	Koppen, Cornelia		AK 65 w	00:15:24	00:40:21	00:33:07	01:28:53
262	58	9	058	Boddenberg, Sonja	SV Hellas Siegburg	AK 45 w	00:12:25	00:42:40	00:33:48	01:28:55
263	59	9	285	Kempker, Antje		AK 35 w	00:10:19	00:44:10	00:34:49	01:29:18
264	205	2	057	Sander, Reinhold TV	SV Hellas Siegburg	AK 70 m	00:13:42	00:40:03	00:35:35	01:29:21
265	60	14	100	Röttger, Janine	SV Hellas Siegburg	AK 25 w	00:00:00	00:00:00	01:29:24	01:29:24
266	206	20	089	Trapp, Arnd	Team Münchhof	AK 55 m	00:12:19	00:44:34	00:33:57	01:30:51
267	61	10	105	Wollny, Maria		AK 45 w	00:13:59	00:41:06	00:36:49	01:31:55
268	207	27	094	Ramme, Oliver	Weggefährten	AK 50 m	00:12:34	00:39:58	00:39:42	01:32:16
269	208	5	065	Dumont, Jesper	Die Zange läuft - Siegburg	Jgd A m	00:13:06	00:47:08	00:32:06	01:32:21
270	209	28	086	Vedder, Matthias	SG Tri Power Rhein-Sieg	AK 50 m	00:12:16	00:39:34	00:40:34	01:32:25
271	62	3	200	Mattheus, Anita	SSF Bonn Triathlon	AK 50 w	00:11:55	00:40:19	00:41:25	01:33:40
272	63	10	239	Peschel, Denise	Tri-PSYX	AK 35 w	00:12:49	00:43:15	00:37:47	01:33:52
273	210	28	118	Lamoth, Jakob		AK 25 m	00:13:17	00:45:58	00:34:49	01:34:06
274	64	11	121	Steinbrück, Maria		AK 35 w	00:13:21	00:42:40	00:38:19	01:34:22
275	65	1	062	Haass, Renate	BTV Bonn	AK 70 w	00:14:37	00:44:19	00:35:27	01:34:23
276	66	15	336	Wester, Fabienne		AK 25 w	00:10:26	00:45:02	00:39:26	01:34:54

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Altersklasse	SWIM	BIKE	RUN	Nettozeit
277	211	21	267	Knittler, Markus		AK 55 m	00:12:59	00:48:43	00:34:05	01:35:48
278	212	9	110	Kathage, Uwe		AK 60 m	00:11:59	00:41:28	00:42:30	01:35:58
279	213	29	276	Zahn, Maximilian	RSW Anwälte	AK 25 m	00:15:42	00:46:15	00:35:01	01:36:59
280	214	30	238	Keller, Simon	Tri-PSYX	AK 45 m	00:13:18	00:40:28	00:43:48	01:37:35
281	67	6	253	Brumm, Nadine		AK 30 w	00:12:51	00:44:50	00:41:17	01:38:58
282	68	2	207	Luetkefent, Isa	SSF Bonn Triathlon	AK 60 w	00:13:28	00:45:17	00:40:56	01:39:42
283	69	12	206	Lütkefent, Tabea	SSF Bonn Triathlon	AK 35 w	00:12:51	00:47:27	00:46:01	01:46:20
284	70	2	070	Dumont, Amelie	Die Zange läuft - Siegburg	Jun w	00:17:25	00:53:02	00:41:10	01:51:39
285	71	13	064	Bailly, Karine	Die Zange läuft - Siegburg	AK 35 w	00:21:47	00:52:35	00:39:22	01:53:45
286	72	4	059	Krüger, Sabine	--	AK 50 w	00:12:54	00:50:16	00:51:22	01:54:33
287	215	22	117	Wester, Frank		AK 55 m	00:15:42	00:54:58	00:44:11	01:54:52
288	73	7	080	Schillers, Sarah	PSV Bonn Triathlon	AK 30 w	00:20:30	00:56:59	00:43:55	02:01:26
289	74	16	341	Sawatzki, Lena		AK 25 w	00:40:55	00:54:24	01:11:17	02:46:36
0	0	0	119	Vogel, Manni		AK 65 m	00:14:38	00:00:00	00:00:00	DNF
0	0	0	192	Rave, Rob	SSF Bonn Triathlon	AK 55 m	00:08:27	00:11:01	00:24:17	DISQ